

EVERY BODY Beauty

Waxing Before & After

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Waxing & Tinting | Organic Spray Tans | All products vegan friendly

For 24 to 48 hours after waxing:

- 👍 Avoid touching or scratching the area as much as possible, and never with unclean hands, to keep it free from bacteria.
- 👍 Avoid swimming, saunas, spas, steam treatments, sunbathing and hot showers / baths (lukewarm or cool water only).
- 👍 If you must apply make up to facial areas to cover up redness, use mineral make up (preferably not from a compact) or mineral bb cream from a tube (so as to lessen chance of cross contamination).
- 👍 Avoid all topical products & lotions including deodorant, except for tea tree based antiseptic creams.
- 👍 Keep area moisturized.
- 👍 Small bumps and redness are normal for 24 – 48 hours. If you experience adverse reactions, consult a doctor.

General advice:

- 👉 Hair needs to be at least half a centimeter long to be removed successfully.
- 👉 After about day 3, begin gently exfoliating waxed area every 2 days to prevent ingrown hairs.
- 👉 If you experience white pimples (more prone on facial areas) or red bumps, avoid squeezing and apply a tea tree antiseptic product, and these should clear up quickly.
- 👉 It is important to moisturize the area daily, as sebum needs to travel up the hair shaft to reach the skin, and the area could potentially be prone to dry skin.
- 👉 It may take around 4 treatments for your hair to get into a growth cycle that gives best results, so waxing every 4-6 weeks is recommended.
- 👉 Avoid shaving between treatments.
- 👉 A few days before, during, and a few days after menstruation, waxing will be more painful, this can also be the case with certain birth control medications.

👍 If the pain of waxing is of concern to you, taking 1-2 paracetamol 30-40 minutes before your appointment may ease the discomfort somewhat.

👍 Taking an antihistamine can help reduce swelling and hives after your treatment.

👍 Please consult your doctor or pharmacist before taking any new medications.

👍 If redness and swelling do not subside within a few hours, see your doctor.

👍 Each area of the body reacts differently to waxing, therefore it is imperative that a patch test is done at least 24 hours before waxing a new area.